



”JOHN 1 : 1”

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Title: “John 1 : 1”

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This book is dedicated with love to the whole Universe.

Hi again,

What follows here is something much more in-depth, than what I have attempted before.

As I love Mother Earth and the whole Universe, something I have done all my life, I am going to ask you to follow me in this journey as well and enjoy the brain exercise, to try and make sense of it all; the creation of EVERYTHING; together with all its intricate balances and the way man is destroying creation for self-gain at any cost.

The destruction done by "a few" around the world, who have gained control, through the use of clever marketing, TV and the social media, including the support from governments all around the world.

The point here is that we, as ordinary people in the street, have allowed ourselves to accept these ploys, without giving them much thought, through working things out and instead, accepting what we are being told as being the truth.

We have fallen for the dangling carrot.

We are all living above our means financially and do not see what we are doing wrong. Mothers as well as fathers have to go to work, to make ends meet, something which is totally wrong.

I am not saying a woman cannot go to work or have a profession and earn money; not at all, but a family MUST have one member of the parents at home to be there for the children 24/7, be it the mother of the children or the father. THAT IS WHAT IT IS ALL ABOUT! I have very good reasons to say this.

So many women do an amazing job, bringing home "the bacon" so to speak and I personally know a number of families, where the father is the house husband; and why not?

Recently, I have sat down with 2 families as an exercise, to see if this was a good idea, for both parents to be working for money.

We put all the figures on the table of their incomes and expenses.

1. On the one side the money spent on: a second car, bringing with it the extra running costs, fuel, registration, depreciation (often not included in these exercises), servicing costs, insurance, etc.
2. Then the enormous costs of having the children in childcare, which is not a 'piece of cake'. Yes, there is government support for having the children minded there, but it is not just money I am talking about. That is just the financial side of things.
3. Then the short cuts they had to take food-wise; the lack of thought about the value of the foods that are consumed generally and the list goes on. Food is to feed the body nutrients for building a good, strong body and for good health for the rest of our lives. Eating is not just stopping you from being hungry and just consuming anything at all, such as take-away foods.

The working Mum, rushes into the take-away place on the way home and gets a quick meal for the family, which is of no value for good health and body development, especially for the children, who are developing, instead of preparing a healthy meal from fresh vegetables, which by the way is cheaper as well as healthier, but in both cases, the parents were too tired to start cooking a proper meal.

4. On the other side. They both admitted that they had to deal with the mental stresses and strains of getting the children to school and back each day. The early morning rush, packing the children's bags, with some lunch, which was in both cases another low value food package of a white bread sandwich, some pre-packed nut bars etc. Yes, they gave them a piece of fruit as well.

In the end it worked out that in both these 2 cases I interviewed, the families were only a few dollars a week better off financially, compared to if one parent stayed at home, used only one car, shared between both parents and the children staying at home. That parent would also be involved in teaching the children social skills, such as food preparations, house work, shopping, rides on the public transport such as busses, ferries and growing of some vegetables at home etc., interesting outings to local farms, industries, manufacturing plants etc. something never taught at school.

AND HAVING THE CHILDREN AT HOME IS SOOO MUCH FUN!

You see them growing up and get to really know them a little at the time on a daily basis.

Children LOVE learning these skills, taught them by their parents and as I said, they will never get them at childcare.



These were interesting exercises. Maybe you should consider these as well and be a lot happier living peacefully and slower. Life is meant to be enjoyed without the hassles of modern times. Maybe parents could swap and change from time to time, so they both get a taste of doing the earning of money and the sharing the children at home.

I thought I throw this in as a starter.

So here we go and I hope you like the reading so far.

Now comes the real reason for me to write this article.

TITLE: "John 1:1"

There are times when my brain just does not stop, wondering about the most complex of mysteries of them all.

How did everything start?

It is really no wonder, as it all started so terribly long ago and many tell-tales are so immensely far away and such a long time ago, that it is difficult for man to find the beginning of the story.

That is why I call this book, quoting the bible: "John 1:1"

“In the beginning was the Word,
 And the Word was with God,
 And the Word was God.”

From the early age of 14, I was interested in astronomy and I always wondered who, what and when all creation started and especially the heavens, with the stars and wonderous happenings, such as shooting stars, the warming sun and the beautiful moon at night etc.



I went to the library one day and borrowed a book written by an astrophysicist named Lunz(?). I have forgotten his first name. Trying to read this book, confused me even more, with all the incredible figures and distances.

I was never an academic and books really frighten me at times, even today.

I have always been a ‘doer’

from a very young age and gained my knowledge through experiencing situations and being shown the way, rather than to read about them in books.

As a 2-year-old, I wanted to explore and do MY thing and learn by experiencing things and I suppose that is what most children feel. This is a natural developmental thing. I was always trying to escape from the playpen I was in so often, but I realise now, that Mother was always so busy, with another 2 boys, just a few years older than me, but not by much. Mother also grew a lot of her own food in the garden, so together with house work, the children, shopping, no car in those days, etc. etc., I had to be restrained for periods of the day, which seemed to go on forever. Being an Arian, (that showed then) wanting to get moving all the time.



*Isn't this, what it is all about?
Better than playing with plastic toys or sitting inside with a mobile phone getting hyper-irradiated with the phone right next to the brain and getting negative messages.*

*I wanted to feel the soil,
touch the trees, the plants
and play with the little critters*

in the grass. I wanted to observe the butterflies and see the birds, feel the snow falling on me and all these wonderful things, but I was held back at times, but I did get my chances, just the same. I can remember it so well. This must have made quite an impression on me.

Anyway, one thing was for sure that I had to take that book back to the library and keep on wondering about these subjects.

To think how and when all these stars and other heavenly bodies ever got there, was a battle I had to deal with, because I want to know things.

Such is the Universe. That is the architectural plan of creation all around us.

What about all the other plans, that come to mind?



The Earth itself, the planet we live on and all its intricate and complicated balances, to keep it functioning properly, for the health and well-being of all living things thereon?

Also, its dependency on the Sun and the Moon

for life? What an amazing thing to think about, something not many of us ever do and we are inclined to take it all for granted.

Why don't we think about these things more and give thanks to our Maker?

I welcome the Sun out aloud each and every morning!

Are we so engrossed in our daily chores, the very mundane happenings, the acceptance of *just living and being here?*

This has created a real apathy and a lack of responsibility towards Mother Earth's role, to give us the opportunity to live here, the only planet in the heavens to have this climate for life in general.

Living on our planet is an honour, allowed us by our Creator and when ANY life is created, there is a "use-by-date" attached to that life.

That living thing, be it a tree, a fish, an animal or a human, has a right to survive that time and also it is noteworthy, that this life is part of the balance of nature.

My eldest son David only lived 13 years, but I know that in his short life he contributed so much, that his tour of duty was over. Some people live to a very old age and maybe do not contribute as much as David did.

On our Earth, we also deal with the seas and all its wonders, things we are



learning about slowly, especially these days, since modern technology allows the exploration of these areas.

I appreciate the advances man has made in technology, but a lot of them are of a destructive

nature just the same

Where to start now, to make sense of all this?

Geophysicists, the world over, are wrecking their brains to try and make sense of it all and believe that 'THE big Bang' started all creation.

But what was there before The Big Bang?

I watch Professor Brian Cox's TV programs, whenever they are shown and his information keeps going over the top of my head. It is so very difficult to understand, but I still watch his shows and hope to be enlightened one day.

I was glad to hear him say something like: "If you cannot follow me and understand it all, don't worry, because I don't either." That statement made me feel better, but I am still wondering though.

Nothing? Or was there Something? And if so, where did that Something come from in the first place?

If there was Nothing, how suddenly did Nothing become Something?

'The Word', as the bible calls it, was that enough to be that Something?

When an architect plans a building or other project, he must have a plan in his head; HIS WORD so to speak. Working with that plan, he then draws a drawing, to show a builder, what he has in mind and his thought becomes a creation/reality.

Is the Word enough to create everything in succession, one thing after the other over many millennia? The bible says: "God created the world in 7 days." Now, that does not mean in 7 days as we know days today, the 24-hour days, but the meaning is obviously in 7 periods.

Does that mean "Earth, the world", or "the Universe"?

I believe in a creator, a power source, a God, who could do just that, but where did this God come from? Can this creator, create Himself?

If that is so, He could create all this and more.

These questions I have been asking myself forever and they have not been answered, but that is alright, as I appreciate being here so much and I am very thankful. We as humans can only take in so much and have to leave the rest to other parts of this creation, who and whatever they are.



I look at the sun and wonder in amazement at the incredible warming rays that come from so very far away; 151.78 million km. (151,780,000 km) mind you. Just compare that with sitting around a campfire and getting the warmth from that, being about 2

to 3 meters away. Any further than that, you will not even get warm.

Even the fiercest bushfire, cannot be felt much past a reasonably close distance. It may be 1 km maximum.

The surface of the sun is about 5,600 degrees C and the core is 15,000,000 (15 million) degrees C. Wow, these are phenomenal figures. In our daily lives, we deal with boiling water at 100 degrees C; boiling cooking oil at about 300 degrees C, or the melting point of steel at 1425-1540 or aluminium at 660 degrees etc., for those who are welders, so these solar and other celestial figures must make your hair stand on end like they do mine. It is so impressive and mind-boggling.

Yes, the Sun being so far away, still heats us and has done so for billions of years. What an amazing ball of fire! It will keep going for many eons yet, estimated by scientists at about 7 billion years.

Eventually it will burn out. That will be the end of life and our galaxy as we know it. But the point of all this is the enormity and power and also the distances that exist in the Universe.

The scientists talk about Light-years. (The distance light travels in one year.)

Do you realise how far just one Lightyear is? 9.7 trillion kilometres. And some stars etc. are thousands of lightyears away. Wowee, that is so amazing!

Meanwhile in being there, the Sun gives life to everything on Earth. Without it, there would not be anything living on Earth. Big stuff hey?

The scientists also talk about 'black holes.' What are they? How do/did they get there and appear in various places.



Vulcanic eruptions on Earth are so majestic just as tsunamis are. The power created by these phenomena are almost impossible to comprehend.

WATER. Water's weight being measured at 1 kilo per litre, or 1 ton per cubic metre, is often disregarded by people, especially when they go out to sea and try to beat the power of the waves. Or when there are floods. Some people do not comprehend the weight behind the water. The side of the car, driving through flood water, would probably receive as much as 1 to 1 ½ ton of pressure, enough to push this car aside and sometimes into the stream of the water, with negative results. That is why we are told NOT to drive through flood waters.

The weight of an average 4-wheel drive car is about 2 ton, so if you were hit by a car, it would be the same as 2 M³ of water.

The surf at sea's edge is quite dangerous for those who are not strong swimmers, during a rough sea. Many people are being washed away and have to be rescued, by the strong currents, weighing many tons.

Then the next thing I always have been fascinated by, is how everything, little and big, has come to be?

Just take the smallest creature we can see, forgetting the microbial and unseen creations for a minute. How did they evolve, or were created to be so different from one-another? It is accepted by science that the whole of creation on planet Earth, started from one single cell. How did this happen? How did the single cell, dividing millions of times, eventually create an ant and at the same time create an elephant? A butterfly or a lion? A tree or a fish?

This is of course the thought of evolutionists.

Think about that for a moment. This is so amazing. Thinking about these things, we need to use our brains, something we do not do too often, as everything we need(?) in our life today, is spelt out for us and dished up on a platter.

Watch out for this 'generosity'!

Don't allow things to just happen to you or be told what to do by others; work them out YOURSELF!

Research and get educated properly.

Now we come across the different thoughts of people, who say that everything was created by God and evolution doesn't sit well with them.

I personally feel that these 2 can go hand in hand and that at a certain stage of evolution, the creator made it possible for say man to be created. He then stood up a creature, similar to what He wanted, to be MAN, the way we know now, with a brain and self-reliant tendencies. It is all very complicated and uncertain. Christian believers will always argue about this and that is fair enough. That is your right.

Years ago, there was a professor by the name of Julius Sumner Miller, a physicist, who gave and showed us ideas on a TV program to work on. He would not give us the outcome of a problem, but he wanted us to think about it and work them out for ourselves after the show. He always closed his

program with the saying: "Why is it so?" and walk away. I think that was the name of the program as well. I loved that program.

The birth of a new human being and other births, comes about by fertilising a female egg with the sperm of the male. The single cell that comes about, divides into 2, then there will be 4, 8, 16 and so on until there are billions of them.

Okay, that is one thing and hard enough to really understand anyway, but HOW DOES A PARTICULAR CELL KNOW TO EVENTUALLY BE PART OF THE BRAIN for instance and another cell to be part of a leg bone or become a blood cell? Who tells them that? They all started off as one single cell, apparently all being equal.

When do they 'decide' to be part of the brain or leg bone?

Or who or what decides that for them? Amazing isn't it?

Who tells the cells to stop dividing, when the creation they are forming is complete?

However, one thing is for certain that they never stop dividing, because our body cells are constantly being renewed and the old cells are discarded, to keep the body renewed and refreshed, right through our lives. It is estimated, that within 7 years, all the cells of our body there are today, are renewed; so we really are never older than 7 years of age.

Far too much attention is given to our age in society. When we pass a certain age, we are classified as maybe a senior citizen or a pensioner and that puts us in a vulnerable position. We are being looked upon as OLD and in-capable. That is only a mindset. Follow these thoughts and you WILL be an old person. The mind is very powerful and can easily be swayed to believe in whatever is put into your mind. In another month, I will have reached my 89th birthdays, but I don't know what else I should feel like, except feeling GREAT really. Not many people guess my age and they are always surprised to hear the real number. I do follow nature's rules, the best I can and have done so for many years now. There are modern influences, that restrict a healthy life-style, such as the quality of the air we breathe and the water we are given to drink, together with the poisonous chemicals used, to grow our food, but I still try and get the best quality of all these I can.

Since I have the time and do not have to go to work or care for the family any more, this is something I have time for and think about in depth, but not many other people ever do. I therefore pass this on to you now, so you too can start wondering.

That is the reason why I care for my amazing body. Our bodies deserve to be treated with love, care and respect; every part of it and when something goes a little wrong with mine, I really do worry why, as I know then, that I did not take care of things the best way possible. I try hard for this not to happen, as I firmly believe in the prevention of sickness or damage to my body in general*. I start looking for answers and investigate what the cause of it was. I am still living by myself and take care of all my daily chores.

I do not treat or use chemicals in or on my body, which are totally un-natural and toxic. I read the labels on food items, body lotions, shampoos, toothpastes etc. and then I will research even further, if I am not satisfied, as the manufacturers do not put ALL the ingredients on the labels anyway. I will always look out for the herbs of nature and investigate them, after all that is what they are there for. I have not seen a doctor for any diseases since 1962 and I have not suffered from the flu or had a cold since then either. This was achieved, by maintaining the immune system at a high level at all times, so the body could ward off any of them coming my way.



**Damaging our bodies is so much against nature. I see sports people playing games, hurting themselves all the time and that is very*

much against nature's teachings. That is NOT necessary and should not be practiced. This is happening more so today, since all sports are professional and people push themselves to the limit and beyond for financial gain.

Sport is to support our health, not hinder it.

Be aware of other dangers and avoid hurting yourself. Having treated many people in my professional life as an Osteopath, I realised that so many of these damages could have been prevented by just planning things well beforehand, what and how to avoid them. I have never had a broken bone in my life; I have not had any operations for the reconstruction of damage done anywhere in my body, except my eyes.

I never go to the modern medical people, who don't think like I do. They are linked up with the Big Pharma and all they want to do is TREAT (not cure or better: prevent) and then with chemicals, something foreign to the body. You cannot go to an average doctor and just ask him/her a question, without walking away with a script in your hand or a referral to a specialist.

There are only a few doctors, who will listen and realise that nature has so many answers, but they are like hens' teeth, in other words: 'almost' impossible to find.

Being well, is just one tiny part of so many more wonders of creation, as the body is a self-healing system as I mentioned. When a dog or cat (since we have them around as pets and we can observe them) injures himself, what does he/she do? He licks his wounds and in just a few days, everything is back to normal again. He does not use chemicals to cure his system.

Diseases our pets get these days, are all problems caused by society.

I bought my first feral goats to breed with on the farm, from the Department of Agriculture. These goats came from the Byron Bay hill in NSW and had been there for many years, WITHOUT ANY CARE AT ALL. The department wanted to find out, how they survived on their own, without man's interference.

I am telling you this, as in the wild, most animals, living in the wild, even if they were once domesticated, thrive and are generally healthy. I have seen herds of goats, camels, wild horses, pigs etc., on my travels and they did very well indeed, because they are consuming the herbs of the fields, knowing what to choose.

Animals still have that instinct, to choose natural herbs and grasses, to cure their ills. Why does the dog suddenly start chewing grass?

I have learned from that and if I happen to cut myself or get a scratch, I lick that and make it bleed a little, to rinse the wound from the inside out and

leave it to the air and sun to dry and heal. Unless there is a larger cut, I may use a 'band-aid' to keep the wound closed for healing.



Something different. We may ask for instance: "What is the good of a fly?" The annoying, buzzing fly, who is always around when you are outside cooking on the BBQ especially.

Well, a fly is an amazing creature. It lays eggs, which become maggots, which in turn devour dead things like cadavers and they are cleaning up the mess often left behind by humans. That is their duty on this planet: THANK GOODNESS! What a mess there would be, if the flies did not do their chosen jobs? We would have rotting meats from roadkill or any other reason, decaying for many days, smelling pretty bad. Then, we would be unhappy again.



Mosquito larvae (wrigglers).

Adult mozy.

I have been doing some research in the usefulness of mosquitoes as well, as I could not think of a good reason up till now for their existence. Yes, they are a biomass in the food chain; they serve as food for fish as larvae (wrigglers) in the water and as adults for birds, bats and frogs. Some species are good pollinators as well. At first, I thought our Creator must have made a mistake and create something just to annoy us, but alas, all is well. So, this proves that everything is in perfect harmony with each other and we should not disturb this harmony/balance in any way.

So often we call all these creations "PESTS", but we must look beyond their annoying habits, afterall they are doing what they are supposed to do.

If everything was still in perfect balance, there would not be the excess of flies, mosquitoes and other creatures or unwanted plants. Everything would be controlled by nature itself.

Don't get the pest-man out to kill 'pests' around your home or the spray-can with herbicide to kill a weed*. Think of creating that so-much needed balance. There is no such thing as a useless creation. Everything has a purpose. If we do not understand the purpose of something, that is another thing, but then we must find out, research and think about it!

Build your house on safe land for instance, or use natural means of prevention or use deterrents, if there are white ants (termites), which actually do an amazing job, clearing old wood; don't kill them, but do live in harmony with nature when you can and that should be: Always!

There are many such occasions, when we need to think and be inventive, using nature as a solution.

**Years ago, I met Lynnette West, an amazing lady, who taught me Bio-dynamics. She, in her lectures made a point of teaching her students to recognise the value of ALL living plants. Some of them we call weeds, in other words, seemingly "useless plants", but she proved, that each of these weeds was in some way, helpful in getting minerals from deep-down in the soil and bring them up to the surface, to be used by plants growing in the area. Also, these 'weeds' should be used in the compost heap, to enrich the compost with these minerals, later to be used in the garden.*



Another thing! If, we decide to encroach on an area*, occupied by some animal(s), like a crocodile, we should be prepared to live with that animal and make peace and/or keep our distance. The same goes for plants. You should NOT destroy the animal (or any plant). It is 'HIS HOME' and they all have a right to be there and a role to play. The same goes for sharks in the sea. It is their domain and you should be aware of that and accept the consequences. We as humans do NOT have the right to destroy anything for the sake of our pleasure. Destroying forests or even one tree, (so that you can have a better view of the ocean maybe) is sacrilege as this tree is NOT yours in the first place; it is OUR Tree, everybody's tree. We have to learn to live with nature and protect ourselves in a manner, which is not harming nature.



Mushrooms, fungi, mosses and other living things have a really good place in our system, to break down complex molecules in the soil.

The mycelium, the actual 'plant' itself, which lives under the soil, stays there all the time and produces mushrooms, when the conditions are right.

The mycelium is like 'the tree' and the mushroom 'the fruit'.



The ants, the busy, busy ants who never stop cleaning up after us and also the worms in the soil, making the soil fertile and friable. They work 24/7 for us, so we have better produce to eat and enjoy. These days they are killed by using chemicals, destroying life; how amazingly stupid! We have to learn to understand the workings of nature, the balances and reasons 'why' they are there and then work **'with them'**.



The list goes on and on; all part of the balance in nature.

**When I was traversing the country, between 2009 and 2015, just in a 4WD for the first year and later on, towing a caravan, I made a point of making peace with the inhabitants of the spot I had*

chosen to stay for the night or sometimes more than one night. I would quietly and peacefully 'call out aloud' and ask all of them to accept me as a friend and brother, since I came in peace and had no intention of harming anything or anyone of them. I wanted to be PART of them.

I had some amazing incidents, where nature reacted to my request, such as a little bird perching on my knee, while I was meditating. A snake slithering over my bare foot at another time. A butterfly perching on my shoulder etc.

Even today, I get a visit from one of the crested pigeons on a daily basis. He will fly down, start cooing on my little veranda and come into my cabin to share a little millet seed I get for him and he brings his lady with him from time to time as well. Even while they are eating right beside me, they are cooing happily and then they say goodbye when they leave, with another coo-coo. I really enjoy them and talk to them while they are around.

I nearly always stayed in the bush each night and not in caravan parks as I enjoyed the open spaces and freedom of movement.



And by the way, how would you react, if somebody pulled up in front of your house and decided to camp on your front lawn? Is that really very different to you camping on the space occupied by animals?

Got-cha!!!

The air around us, filled with living gasses, especially the oxygen, so needed for life, wow, how wonderous it all is.



The water. Can you imagine a world without water? Water, one of the 2 main substances so needed by all living things. Without it, there would just not be a single living thing. And to think that water is made up of 2 gasses: Hydrogen and Oxygen: H_2O . These 2 make a liquid? Another wow! Are you with me?

Are you thinking or just reading?

The other being the air, filled with oxygen of course.

Stop now and give some of these things a bit of a thought. Don't read on, just contemplate.!

As humans, we are just a small cog in the massive wheel, that makes the world go round, so to speak. We are given a brain to think, act upon things and make the world better, not worse. We should all learn from the experiences our forefathers encountered and build on that in a positive way, teaching the next generation the good things and warn them against the negative stuff, encountered so often today.

However, mankind is selfish and continually 'takes' all the time, but very seldom gives back. It started a long time ago. If we would share the love in our hearts, things would be different.

Having goods, does not make you richer.

I have found that out, since I left my wealth behind, I am a happier person. Wanting more all the time is wrong. Replacing the old with the new, before it is time to do so, is wrong. We are brainwashed to do so by the commercial adventurers, who want to make money all the time. See how many shops there are of the same kind in every town or city? Ridiculous indeed!



Money! What is it anyway? Soon there will be no more money as we know it. Every deal we make will be on paper (card) only and little “piggy” is doomed forever. In years gone by, money (beads, shells, crystals etc.) was a form of evaluating what one person thought the exchange of goods was worth. That eventually turned into coins and later paper money, a piece of paper with a value printed on it. These values are now taken over by printing numbers on a computer, without paper. Amazing developments indeed, but it seems that this is better for the ‘money people’. Control maybe?

We should be in complete control of our lives, remember!

It is up to you to curb your spending habits.

Often people go ‘*shopping*’ just to have something to do or meet friends on the way and have a cup of coffee. Meeting people is great, but at the same time, don’t necessarily go buying things, because you see something in the window (clever marketing and window dressing) or your friend has just bought a similar item. It MAY be nice to own that item, but ‘*do you need it?*’

I am saying this, because every time you purchase a new item, it is a drain on the earth’s resource, upsetting the balance of nature. This is called consumerism!

AND WE CAN DO WITHOUT SO MANY THINGS WE HAVE TODAY.

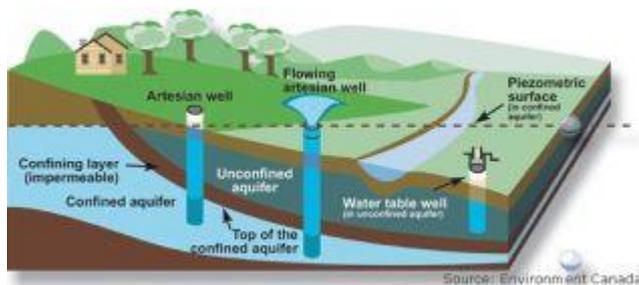
Far too many things/items are produced to keep up with the trendy new models of cars, furniture, fridges, TV's, mobile phones etc. we would like to own, but again we do not 'need' them.

I had to go into Harvey Norman the other day and had to wait for a little while for the attendant to be with me. I took the opportunity to walk around the various display units and was absolutely amazed at all the electrical "stuff" they had on display. Wow, I thought, do people really buy all this?

Think of unnecessary buying as raping the earth.

Mining for iron, aluminium, nickel etc., fracking for gas, drilling for oil, growing cattle and sheep in these massive quantities, cutting trees by the thousands and leaving the Earth bare and all these things, are driving many living things to the brink of survival; yes, even mankind. We are really killing ourselves!

Now our own koala is at risk of being decimated by logging and of course bush fires.



Water for instance will soon be a scarce commodity. (I am just having a little laugh, as it is really pouring outside, while I am writing this. Late February 2022 on the Sunshine Coast and there are floods all around me).

There is scientific evidence that the artesian basins (aquifers) beneath the surface of the Earth are drying up very fast. That is where we get a lot of our water from to drink and use for irrigation etc. Some of them have been polluted by gas fracking and in some parts of the world, gas is coming out of the water tap, together with the "water" as the tap is turned on. You can actually set it alight. Would you like to drink that water?

We can't have it every way. Think about the use of water when washing your car for instance. Put your car on the lawn at least, so the water is used twice, rather than washing the car in the street or on the driveway, as there the water runs into the gutter and is wasted from there on in.

It is things like that, that matter a lot. Brushing your teeth and have the tap running is totally unnecessary and wasteful of a very precious commodity.

Every living thing, be it a tree, a flower, a bug or bird, a land animal or a fish is important. The seas, the rivers, the air and the soils etc., play a part in this amazing round-about or 'balance of nature', so BADLY MIS-UNDERSTOOD by us humans, since we do not think of all the above. Up till recently, we did not have to, as everything was just fine for the last 100 years (we thought), BUT the time has come, we really need to consider life.

Artificial ways are being used, to "enhance" growing of food for instance (using fertilisers), but that is NOT necessary, if we think about how nature worked well before man started these modern practices. All things looked after each other in the correct and balanced way, the way it was created and planned by our maker; totally balanced.

My book: "The way we are meant to live", goes into this area much deeper.

It is a shame that we are not taught to think about them either. Stuff taught in schools is hardly worthwhile knowing. People who leave school at an early age, learn so much from EXPERIENCING life and that is why I wrote about children staying at home and be cared for by a loving parent 24/7, to learn real life skills, not the laid down curricula set by the Department of Education, controlled by governments and "the few".

During my travels, I met quite a lot of families with children going around the country for years, who were home-schooled. I found these children very smart and they could talk and explain things so much better, than a child going to school. The practical experiences they encountered, taught them so much and they were not afraid of the wild animals.

Look at Albert Einstein, who left school at the age of 15. His theories still have scientist in absolute amazement.

Education is needed indeed, but the curricula set, right through the educational systems is such in my opinion and others I have spoken to about this subject, as to keep people dumb in real life skills and only to be educated in believing what "THEY" want you to know.

If you are a teacher, give this a LOT of thought please.

Over the last 100 years especially, many thousands of living species have disappeared from the Earth, causing alarm, as the natural balance has been badly eroded.

Fortunately, Mother Earth has an amazing capacity to replenish and keep on living-on somehow, but it is not the same as before. These changes are happening much too fast.

Evolutionary changes are and will be made in the future, to compensate for these changes, but things will be different. Mankind will be different, as we will have to adapt to these changes.

Watch out for viruses and their 'antidotes'. What is put in these vaccines and why are we not informed about them? Nobody tells you this, as I am sure that some additives in them are not needed, but they are there anyway. Nature has always looked after our sicknesses in the past. We do not really need the Big Pharma. Even today, many natural cures used by the world's natives, such as the Indians and Aborigines are still used successfully. Herbs, often classified as weeds, are being poisoned, instead of harvested, dried and used as medicine.

Thimerosal is a mercury-based preservative, often found in vaccines and is supposed to be safe. Since when is mercury safe? The most toxic substance known to man! And the story goes on.



We all know about the climatic changes, which are already affecting the earth in many ways and if man does not do something DRASTIC SOON, things will be very different indeed. The time is set to be carbon neutral is 2050. What is going on? That is almost 30 years from now and how much more pollution can we produce in that time?

Climatic changes have happened during the history of Mother Earth in the past and not everything should be blamed on man doing such a bad job, BUT, we are part of this change and should hold back, some of our ventures to help the recovery of the damage done. The whole Earth will look like this.

I know how difficult it is to suddenly change to a carbon neutral situation, as industries the world over, would have to change their ways drastically to compensate for this change and it would cost a fortune, BUT that should have been done gradually, years ago. If we don't do it soon, there will not be any people here to enjoy a clean Earth anyway.

(As for politicians constantly raving about JOBS, JOBS, JOBS, there may not be the people to fill these jobs. And where there are jobs, they are filled by overseas labour. Farmers are screaming for workers to pick fruits etc, but our workers get 'the dole' for sitting at home.)

These changes would not have happened, if the balance had been kept in check in the first place, however, man, being greedy, takes and does not replace or give back, as I said earlier, and they were sadly ignored by money hungry industrialists.

There are just 'a few' in the world, who control commerce and governments and these "few people (Organisations)", control the world's wealth. These people set the pattern for governments to deal with them and they in turn, play the game for gain also.

Governments are the puppets, who dance when the strings are pulled by 'the few' and if they don't dance.....'goodbye to you Prime Minister or President.'

We see in these modern times, how differently man lives with the introduction of electronics everywhere.



These antennae even look evil.

A lot of you, as part of the younger generation could not imagine, what it was like in the days when I was younger, but this must be part of a plan, to have everyone connected to the internet via the mobile telephone system.

Then they introduced the Covid 19. This was NOT an accident. THIS IS PART OF A CONTROL SYSTEM; A CONSPIRACY! What does the mature person do, who does not have a smart phone, regarding the required aps and QR's? We just are not free any more.

In 2020, the prime Minister of Australia pleaded with people, to get the app. and be connected. He also said that it will never be mandatory to be

vaccinated. Now in 2021, a year later, we see the results of it and you cannot go into a public place, unless you log on to the QR code of a particular place, such as shops, restaurants, busses and train etc. This is NOT to stop you from being affected by Covid, this is allowing them to follow you around, wherever you go and control your movements. This is happening worldwide and all at the same time. It is very well orchestrated indeed. I hope this ends soon!

This is a conspiracy of the worst kind man has ever experienced.

Soon all the people that have been vaccinated will carry a card or an app. on their mobile phone, to prove they are vaccinated, to allow them the “Freedom” to enter a public establishment, fly overseas or even get on the local bus, without having to register each time.

The NON-vaccinated people refused entry to these places. the LEPPERS of society, they conscience and thought future. I have seen, with my during WW2, that the Jewish Europe had to wear a large with the word “JUDE” on clothing, to identify them, ‘the scum of society’. Even How

dreadful this was; a shameful Hitler, the controller. He was invincible, but nobody is.



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What is happening to “the Land of the FREE?”

Nature looks after itself in the most amazing way and discards what is no longer needed. We do not have to discard anything. Everything has a 'use-by-date' so to speak. Nothing or no-one is indispensable. Everything will be renewed one day. That is nature's way to keep life going.

Man has to watch out for greed.

Now something about pollution and wastes.



1. Dairy farms are creating a lot of waste, because the cattle are in a fairly confined space, so they can be rounded up twice daily, to be milked. This causes the problem of the excrement being concentrated in a small area as well. As soon as the cattle have been milked, the (precious) water hoses come out and the dairy is completely washed out. This mixture is collected in ponds, to evaporate and/or slowly soak into the soil, which in turn pollutes the water table. Many flies are there, feasting on the left-overs, doing a great job, getting rid of that and turning this into the soil. Yes, I have had first-hand experience in helping to milk cows in a dairy, just like the one above.

2. Some beef farming is very similar, as a great mob of cattle are herded into a reasonably small area where they feed on un-natural feed, such as grains and are rounded up, as soon as they are old enough to be slaughtered.

Again, we have the problem of excrement and the flies etc.



3. Pig farming is even worse, as these poor animals have hardly any room to turn around, as they are kept in small cages, to be fattened up for slaughter as fast as possible. These cages are also washed out regularly and the

excrement/water held in ponds, doing the same as in the dairies.



4. Chicken farms. Another problem. There is another waste problem to deal with here too. Flies are everywhere thank goodness, as they do such an amazing job of turning waste into soil, but THERE IS SO MUCH OF IT IN ALL IN THESE PLACES.

There is so much talk about the waste problems in the above industries, but so far there is no answer. Methane gas should be produced as a common practice and made available to society.

Even in an ordinary household, methane gas should be produced as units are now available, to deal with your wastes, including kitchen scraps and lawn clippings. You get the gas for free.



5. Fish farming has become the latest fad, for providing enough fish for the market, BUT here too, the waste problem is causing trouble for that area, as the excrement concentration, is totally out of balance with nature.

I am trying to explain here, the need for common sense and make you aware of the BIG problems we are facing.

Methane gas can also be collected from garbage tips, as this methane gas is a real problem in the global warming, even more so than car pollution. Another problem solved and more energy available for free.

Naturally, man in his raw state as a nomad, would not eat so much meat, chicken, pork or fish as he does today.

He would catch a fish or kill a pig or whatever, and share that with his neighbours on a regular, but not necessarily daily basis.

Back to pollution.

Flocks of bison, deer and whatever other animals would roam the earth, but would not be bound by fences and boundaries. They would defecate wherever they were, but move on and the excrement would not be in abundance everywhere. Nature has provided the smaller animals, such as the 'dung beetles', to clean up after them and put this dung into the soil as fertiliser. How good is that? The same as flies, earth worms, termites, ants; all these and more are there to help clean up MOTHER EARTH.

Today we are told by the multi-national companies, to go to the store and BUY fertilisers, which are most often artificial, because "you cannot grow without their fertilisers" THEY SAY. Mmmm! I and others have

proven otherwise. Bio-dynamics and other methods are there to grow absolutely chemical free in abundance. Australia has a good export in organic produce to prove that.

The balance of nature is so important, as the good Lord created it, by providing the right animals and plants to see to it, that everything is great now and should be forever.

The only creation God has made, doing the wrong thing it seems, by this balance of nature is creating man. It is not so much mankind itself, but his thinking, OR THE LACK OF IT. His greed at the cost of the rest of the world.

In the beginning, when man was roaming the earth as well, there was no problem, as he too was part of the boundless earth and would only take what he needed for himself on a daily basis. Man did not own the land, but used and managed the land. He ate the fruits and vegetables, roots and meats fresh from the land or sea and ate that there and then, without refrigeration; and it was always organic.

The population would be spread over a wide area and there were no fences. Man was nomadic and move along with the season.



These days, we have become very much like the dairy cattle and so on and we have decided to live in small areas, called cities and towns, once again creating an abundance of problems. We have the wastes to think about, both human body waste and also the modern array of packaging etc. etc. Then, there is the traffic congestion on a daily basis, the pollution that causes, the anger caused to people who are trying to get from A to B and cannot make that work very often and so many more problems.

We do no longer bathe in rivers and creeks. Instead, we have to have bathrooms (often more than one), which are connected to the water and sewage systems, provided by the local shire councils, using a lot of precious water and waste.

Our houses are getting more lavish and expensive, making it difficult for the timber industry to supply the builders with timber for the construction of these houses. Timber is cut at a very alarming rate around the world. Not only timber, but also other materials, which are

coming from the ground, like steel, bricks and plastics from the oil industry are used in abundance.

Here again, we are dealing with an enormous imbalance, which is a problem, man is now trying to solve. As the result, we now face A MASSIVE GLOBAL WARMING. The problem is very difficult to solve since it has got out of hand, as industry is so deeply involved financially, that a quick change would see the fall of many industries, BUT...we must do it NOW. In my opinion we cannot wait till 2050, as by then, there won't be too many people around to enjoy the Earthly abundance.

Maybe that is why, Covid was created, to reduce the numbers of people living on Earth and therewith the draw on resources. It is estimated that the world population in 2050 will be 9,735,033,900. (almost 10 billion) It is not possible to feed and keep alive such a large amount of people, with today's (2021) productions to supply enough food for 7,900,000,000, nearly 8 billion people. Food and especially WATER, will not be available in sufficient quantity for everyone.

Less trees = less rain = more heat!



I have seen the changes during my life time and it is quite alarming. It is NOT a secret, but the average person is not aware of it. These figures are not published in the press and the general population is left in the dark all the time. Any informative TV programs are always on the air at a very late hour, when most people are asleep. WHY? (Thinking!)

There is an old saying: “We are like mushrooms, kept in the dark and fed horse poo.” I repeat that we MUST research ourselves and find out the truth.

Politicians and business men all over the world, are running scared, as we saw in the recent Glasgow conference in 2021. They don’t know how to tackle the problem. They then set another date, a few years from now, to meet again and still will not come to a real conclusion.

It all has to do with making money for “the few”.

I can only make you aware of these above facts. I cannot do anything more and we should all do something to prevent any further degeneration of the situation, by living a simpler life and we should learn to be happy with what we have now. Enjoy nature, the animals, the trees, the stars, the waters and live a happy, natural life, without all the latest gadgets, you do not NEED.

It proves it when we go on holidays. A lot of people live in a caravan or often in a tent, without the normal conveniences and we are very happy (without the modern gadgets). We are mostly outside and we enjoy ourselves and always want this holiday to be longer, when it is time to go home again, don't we? Now we go home and back to the indoors, electronically charged, artificially illuminated homes and offices, driving in massive traffic jams, getting angry (something you did not get when you were camping with the family), breathing polluted air and the list goes on. Be honest and admit it; your life is being controlled badly! Love yourself and one another!

TV programs are totally UN-Real. We certainly do not get educated to what real life is all about, something you experienced during your holiday.

Move to the country permanently and get away from the maddening crowd, with all the noises, pollution, toxic wastes and chemicals and live a simple and un-complicated life. Grow your own food and do not rely on the supermarkets. We have seen examples of food and service shortages recently.

GET OUT OF THE 'CATTLE YARD' and 'graze your own paddock'.

Enjoy your own piece of land or farm and also the wild animals and find out how amazing they are. They are always so friendly, if you treat them that way too. You have read about my pigeons above. They are a joy!

Stop consumerism!

Stop killing and destroying CREATIONS!

Stop being so selfish!

Stop waste!

Prevent sickness!

Love your body!

Love yourself and everyone else!

Are you with me?

This is what I think about during my quiet times and you should too.

Take time out for yourself; ME TIME!

This book started with the creating of everything in the Universe, something I and you will never solve, but let us LOVE it all and enjoy it

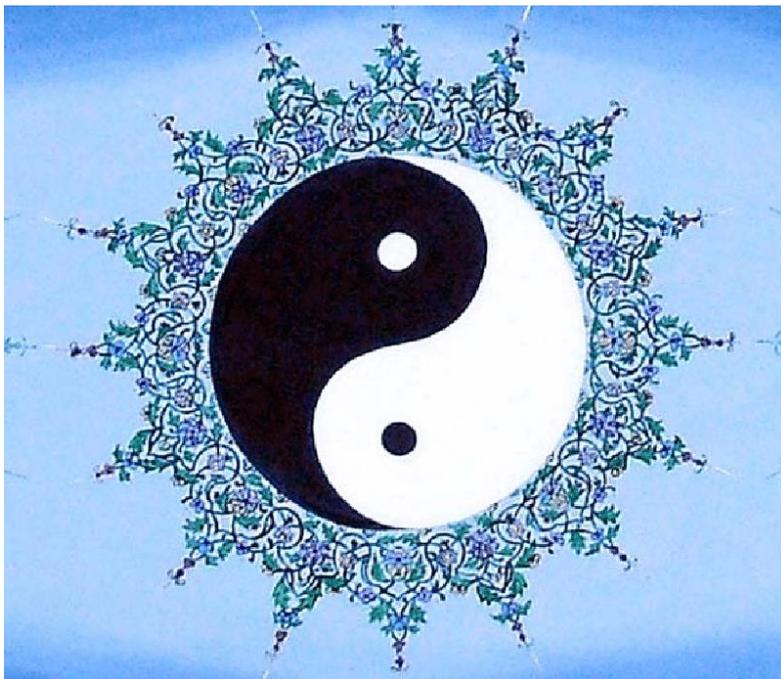
and leave some, preferably a lot, for our children and grandchildren to see and live in, for their pleasure as well. We gave them life!

I am quite sure that you can feel my anger in so many ways, when I write about these subjects, which is not just your fault alone, but that is what education is doing. They are programming everybody to think and do what they teach. They do:

NOT TEACH 'WORKING THINGS OUT FOR YOURSELF'.

The reason is of course, that if you think for yourself, you are out of their control and you start doing things your way, which is NOT GOOD FOR 'THEM'.

That living thing, be it a tree, a fish, any animal or a human, has a right to survive their life span and also it is noteworthy, that this life (every life) is part of the balance of nature.



Killing is an early intervention of life, which cuts short, the above mentioned "use-by-date", set by our Creator, for this creation, to fulfill its duties set for it, while here on Earth.

What is the matter with the world? Are we using our brains at all? Do we ever think about this, whenever we kill a mosquito, a fly or even a

plant, sometimes called a weed, all part of the balance of nature? It does not seem to happen, as we instinctively swat a fly or a 'mozzzy'.

How privileged are we, that MOTHER EARTH, the birth mother of ALL LIFE and I mean 'ALL LIFE,' has given us, the people, life as well, and allows us to enjoy the multitudes of other forms of creation also? I mentioned this above and happily repeat the statement.

Out of the millions of planets in the Universe, we are privileged, being the only planet afforded life, and guess what, the higher intelligence <MAN>, is killing life off for profit at an alarming rate, in fact faster than what Mother Earth can replace it at the moment. Money is always the cause of destruction, without regard for nature's finely tuned balance. How much money do you need?

So far, THOUSANDS of various species of life's creations, have been decimated, by man taking away their natural living environments, through mining, oil exploration, cattle growing, urban developments, de-afforestation etc. etc.

I see the whole of creation as an amazing happening and ever so cleverly coordinated in every way and every creation is important, even mosquitoes as I mentioned above.

I have quietly observed the ants during my travels in the bush for instance and found them to be so amazingly clever singly as well as a colony, wherever they are, gathering food and building materials. They do this so coordinated and organised as a family.

As tiny as some of them are, they use their 'tiny-sized' brains, to get things done, perfectly. The intelligence in such a small brain is amazing; think about it please! This is just one of the amazing creations and there are billions of them, all so incredible.

You try to make an ant! You can't you say; then do not kill one either!



They hunt and gather together, so beautifully coordinated, to support the unit as a whole, without fuss.

We must continually be aware, that we as humans have taken over a lot of the territories of animals everywhere, who were here long before we were, so when an animal seems to annoy you, like the ants coming inside from the wet weather, we should NOT GET THE PEST KILLER OUT AND KILL them. They have a right to be here, as part of the balance of nature. We have to learn to live together again.

Little ants came into my cabin a little while ago, just before the rains started. I mentioned this to a neighbour. Immediately he said: “ I have some good stuff, that will kill the whole colony”.

I was horrified when I heard him say this.

(I realised we were getting rain soon, as I have observed this, over many years).

I repeat, these little creatures are so beautifully put together and have a brain, to do what they know is the best for their family. They clean up the planet; that is their role.

They decide to come in from the wet, before they drown. They know early enough to find shelter, when it is going to rain heavily, disturbing their homes. We as humans rely on the weather man to tell us, when an event like this is likely to happen.

Maybe we could use their knowledge and prepare ourselves, before we get flooded in, instead of waiting till after the event and then have to be rescued. Weather events like flooding rains, happen year after year and are getting more severe, but what have we learned so far? We are still building houses on flood plains and people still lose everything they own each time this happens. The weather man says that these are “one-in-a-hundred-year” events, but they occur every few years. I have lived in many places during my life as an adult and have built houses on these lands, BUT ALWAYS MADE SURE, that the land was not flood prone.

My answer to the problem of having ants come in the house, was to discourage them from getting into my toilet roll (that never happened before), by shaking the roll and when they were all gone, sprayed a little ‘Lemon myrtle essential oil’ around the base of the toilet roll holder. They soon found another spot to stay dry.

Yes, the next time, a day or so later, they finished up in my tissue box, another place I have never had them invade.

Again, I had to take action and did something similar as before and used the oil again. They did take notice this time and left me alone. As much I think they are beautiful creatures, I prefer to discourage them, rather than kill them.

The problem is not just ants. There are so many occasions, when people don't think rationally and immediately think of killing, as the first action to take. This is so wide spread and I find it quite abhorrent.

It is time to start thinking! Use logic first and act after that.

Killing for survival, as we see in nature is logical. Some animals feed on others and they in turn become prey for another species; that has always been the law of nature. Even man, has always been a hunter, to survive, BUT.....the way we kill for food these days, is excessive. I mentioned above about meat grown in herds of cattle, sheep, pigs, poultry and fish in farms, is very abnormal. We are inclined to eat far too much of these products and forget that we by nature are vegetarians and can live without meat.

Another something to take notice of is, that to feed man a vegetarian diet, would take only 1/40th amount of land, compared to meat production, therefore natural land could be left to the trees, we need so much. They collect **CO₂ and give us Oxygen and make the rains fall.**

I cannot stand the way they call fishing "SPORT"; catching a fish on a line, haul that in, wrench the barbed hook out of its mouth, (doing much damage) with a pair of plyers and then clamp some device into the mouth, so the fisherman can show you what he caught on a TV show, for your *entertainment* mind you.

Then the fish gets released again and they try for another catch.

Not much different to hunting for trophies. A bunch of people, armed with rifles and hunting dogs, go after an animal, to skin that animal and take its fur or antlers to put them into their homes. Sport? No, just bluntly killing!

If you want to play 'sport', go for a run around the block!

I was talking to a fisherman and he told me that fish feel no pain. What makes him so sure?

Come on guys, 'pull the other one'! Just because they do not make a noise and scream, does not mean they don't feel pain.

We must learn to logically think about things a lot more, as so many of these acts are barbaric. It is a pity that these subjects are not taught in school, instead of a lot of crap kids have to take in.

People killing other people,oh what a terrible thing to do!

The victim, a beautifully created human being, who has been loved and brought up by his father and mother and cared for, for many years. He was schooled, nursed and fed, to become a valuable part of this society, contributing his unique personality.

The killer (obviously deranged) often does not consider the value of a life at all and acts during a rage of anger.

If we have an argument to solve, it should be done sensibly with dialogue rather than killing.

MUST IT BE KILLING? CAN'T WE DISCUSS AND TALK things over?

(Often these killings are due to a person(s), being under the influence of alcohol or drugs of course).

Once upon a time, we were taught how to discuss things and even had discussion sessions. That is something we should bring back in the classroom, as part of the curriculum, to teach young people to talk things over, especially during an argument. If for any reason 2 people, having a difference of opinion, cannot come to an agreement, it would be better to just walk away.



The problem is, that we see these senseless mass killings on TV shows, that are supposed to entertain us and make us think that that is the norm.

Are you serious?

Dozens of people shot, and then in the process, many buildings are destroyed with massive explosions, cars hurtling through the air in fire-balls and it goes on. And I am not talking about war.

I could not even contemplate hurting someone, be it with my hand or certainly not with an instrument, like a hammer, an iron bar or a gun. If a discussion cannot solve my problem towards someone else, I will walk away. If I had to defend myself or my family, I would probably find a way to disable the attacker and stop him/her from moving much further, so I could get away. They may call me a coward, but I am still alive.

I remember having to shoot and injured goat on the farm one day and I was sick in the guts. My wife saw me afterwards and she was shocked to find me in this state.

Toy guns should not be sold in toy shops, not even water guns, as children are introduced to shooting. Maybe other forms of water squirters should be manufactured instead, not representing shooting.

The garden hose has always been a good gadget to wet someone.

Paint-ball venues should be banned also.

I mentioned above also, that I turned on the TV and looked at a program Sir David Attenborough put together (with some other scientists) called: " A perfect planet", shown at 8.30 pm on Ch.9

They are NOT very hopeful of the outcome of what is going on UNLESS we act NOW.

The date set for 2050, as the date for a carbon neutral world, is in their opinion (and logically has also been mine for a long time too), much too far away in the future, to rescue what has been done and what will be done during the next 30 years.

IT IS SO VERY OBVIOUS!

I realise that to change quickly is going to affect all of us seriously and we will all have to bend over backwards, to keep this planet alive, but IT MUST BE DONE NOW. We must all work together on this seriously and act, by at least do something, like planting at least one tree every year, start using less water, buy fewer goods you do not NEED etc. All these acts will be helpful in saving the planet:

TRULY GUYS, THIS IS IMPORTANT!

The businessmen of yesteryear, knew what was going to happen, but money was standing in their way, or at least the lack of making it, if they had to

change their business tack-ticks, so they conveniently put that in the 'too-hard' basket and be like an ostrich: Put their heads in the sand.

Some of them, make billions of dollars a year and all at the cost of the health of Mother Earth, OUR EARTH, THE place we all need to survive in and that is the key: SURVIVAL! AND REMEMBER IT IS OUR EARTH!

Our offspring, whom we brought into this world and are responsible for, are going to suffer greatly, so LET'S ALL DO A LOT, by taking light footprints and consider CONSUMERISM, the un-necessary buying of goods we do not NEED. Please do not follow the fast -talking people on the telly, who tell you:" that if you are one of the first 27 to call, you will get "???? for free".

Absolute 'bull-dust', because that ad is repeated every day for MANY months, SOMETIMES YEARS and

NOTHING IS **EVER** FOR FREE!

Okay, you get the drift?

Think and act responsibly for the good of YOUR planet, Shanti.

PS. I AM STILL DOING MY UTMOST, TO CONTRIBUTE TO SAVING THE PLANET, BY WRITING MY EXPERIENCES, EVEN THOUGH I MAY NOT BE HERE TO SEE THE CHANGES, HOWEVER I AM NOT PLANNING TO GO ANYWHERE SOON yet!